### **Toy Library Contents**

## **Personal Social and Emotional:**

- **1. Don't break the ice a Disney Frozen game** (To develop self-control, fine motor skills, precision and turn taking)
- 2. Humpty Dumpty's Wall Game (To develop self-control and precision!)
- <u>3. Emotions Set 1</u> includes: 4 small people to act out scenarios, a story, 2x feeling hands, a feeling poster and a card of pictures depicting different emotions. (To support social and emotional development)
- **4. Emotions Set 2** includes: 2x feeling fans, poster depicting different facial expressions, 2 cards of pictures showing different feelings (double-sided), a book and a song to learn. (To support social and emotional development)
- **5. Book 'The Story of Toby'** (to develop emotional skills)
- **6. Snail's Pace Race game )** (a simple turn-taking game involving colours)

<u>Don't break the ice – a Disney Frozen game</u> (To develop self-control, fine motor skills, precision and turn taking)







<u>Humpty Dumpty's Wall Game</u>- (To develop self-control and precision!)



<u>Emotions Set 1</u> – includes: 4 small people to act out scenarios, a story, 2x feeling hands, a feeling poster and a card of pictures depicting different emotions. (To support social and emotional development)



### **Parent Guidance:**

Use the feeling poster and the feeling hands to help your child to recognise and identify facial expressions.

Talk about different emotions and when people feel like that. Perhaps recall specific incidents.

Help your child understand emotions are ok and that you can overcome negative feelings. Think of things your child can do if they feel scared (e.g hug a teddy). Think of things your child can do if they feel angry (e.g stamp up and down or go somewhere quiet to calm down).

Talk about how sometimes things you do affect other people (e.g you might make someone cross. Talk about what you can do (e.g say sorry).

Make up scenarios and ask your child how the person is feeling and what you can do. Use the small people to act things out.

**Emotions Set 2**- includes: 2x feeling fans, poster depicting different facial expressions, 2 cards of pictures showing different feelings (double-sided), a book and a song to learn. (To support social and emotional development)



#### **Parent Guidance:**

Use the resources to help your child to recognise and identify facial expressions.

Talk about different emotions and when people feel like that. Perhaps recall specific incidents.

Help your child understand emotions are ok and that you can overcome negative feelings. Think of things your child can do if they feel scared (e.g hug a teddy). Think of things your child can do if they feel angry (e.g stamp up and down or go somewhere quiet to calm down).

Talk about how sometimes things you do affect other people (e.g you might make someone cross. Talk about what you can do (e.g say sorry).

Read the story and identify the emotions.

Sing the song together.

# **Book 'The Story of Toby'** (to develop emotional skills)



**Snail's Pace Race game** (a simple turn-taking game involving colours)

